



'What do you have in your hand'?

The whole point of **Woman4Woman** is literally to provide a one-to-one relationship of support and encouragement through ups and downs using the gifting we have to make that gift relevant to a hurting woman. We relate in love at all times (which can be 'tough' love at times) in order to draw a woman to her full potential and break the chains that have bound her for lots of reasons.

We want all women to be included and no one to feel isolated. We show by being kind, thoughtful, humble and dependable that we are there for her from the beginning of the relationship. If we have a smile or a hug we are eligible to support and impact another woman in our community, so none needs to feel alone.

Prayer Support

All women who want to give their valuable time to support another woman are encouraged to have a praying friend who you know is faithful in bringing you into the Father's Presence. Although this is not a limitation if not available, just be willing to follow the leading of the Holy Spirit.

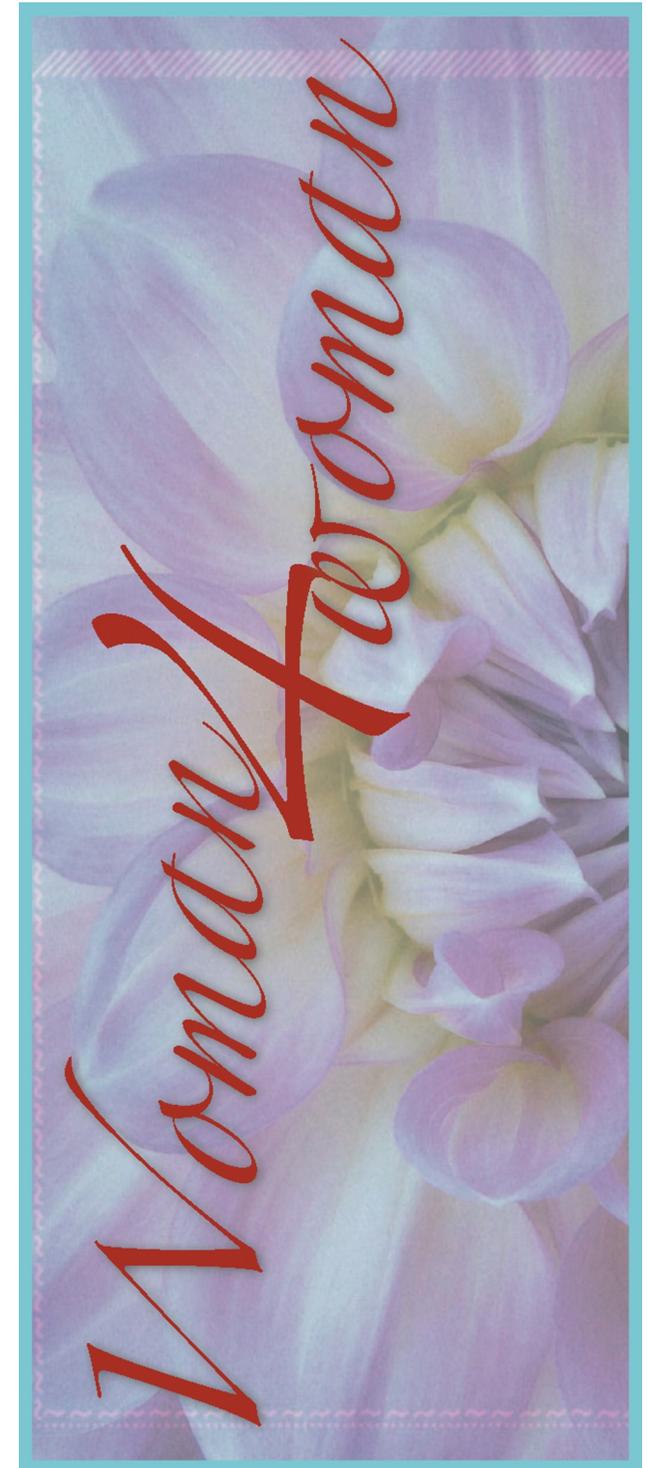
'I'm telling the solemn Truth: whenever you did one of these things to someone overlooked or ignored, that was Me — you did it to Me.' **Matthew 25:40**

Woman4Woman is part of a group of women who have had some issues in their lives and want to pair up with any woman who has suffered troubles in order to see God turn their pain to power



Contact:

Sue Hurst, +44 7789 781079





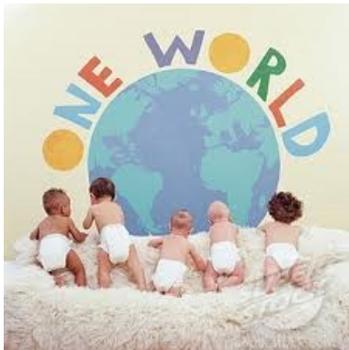
Woman4Woman

We plan to provide a group of women who are willing to give an hour a week or more to be-friend, help or support vulnerable women. It is common for women who want to make a new start to find it very difficult to break out of their old lifestyles and friendship groups which often draw them back into old ways from which they have been having professional help to break free. This can be so discouraging both for the women themselves, and the professionals who have identified their potential.



Churches Together already specialises in supporting women affected by Domestic Violence providing training and supervision for their own volunteers.

Woman4Woman is simply based on the out-working of God's LOVE in all it's various ways with the purpose that women rise up into their full potential and into God's plan for their lives. We hope that any woman who wants to be the answer to some-



one else's need and who could do with a challenge and an adventure for their own life will see this as their opportunity.

Aim

Supporting Women

Supporting Professionals

Increase self-esteem and confidence

Improve Life Skills

Encourage successful independent living

Encourage the empowering of women

Promote problem solving and motivation

Provide practical support.

Various Job options:

Help keeping appointments.

Cleaning.

Coffee / Outings.

Baking / Food parcels.



Telephone calls.

Child Contact support / Child care.

Filling out forms.

Probation.

Household needs.

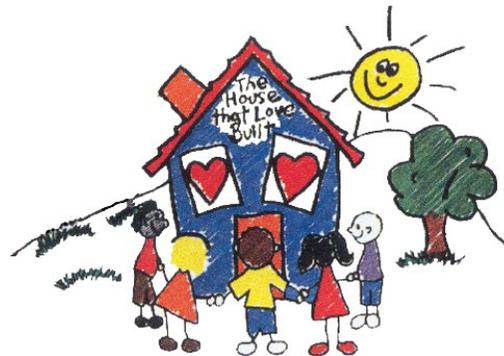
Transport / House moving.

Hospital appointments.

Animal Care.

Shopping.

Clothes.



Some Opportunities.

IT Classes

One to One

Cumbria Gateway.

Housing Projects.

Drop in

ADS

Housing Associations

